



HAVE BONNY LLYN SPEAK THE 'LIVE YOUR BRILLIANCE' SPEAKER AT YOUR NEXT EVENT



High-Fives and happy attendees, are guaranteed when you choose Bonny Llyn for your next event. She is known for her true heart and sharing cutting edge mental health solutions to redefine the workplace.

People describe Bonny Llyn's speech as, "captivating", "inspirational", "riveting", "educational". Your audience will be fired up, making REAL changes that will give your neurodiverse team a competitive advantage. It does not matter if your audience is 100 or 1000, **Bonny Llyn will leave them excited and ready for more!**

INSPIRING QUOTE:

*"When you do things from your soul,
you feel a river moving in you, a joy." - Rumi*

SAMPLE KEYNOTES / TRAINING TOPICS:

- Create the Culture That Gets You to the Finish Line
- Use the S.T.A.R. Formula to Elevate Productivity for Success
- Five Keys to Retain Your Top Talent
- Permission to Thrive – Antidote to Burnout
- Ask a Question, Prevent a Suicide - Simple Ways You and Your Team Can Save Lives

TESTIMONIALS FOR BONNY LLYN

We brought Bonny in as a Closing Keynote Speaker for our annual PgM Summit. Her calm demeanor was very welcoming for many, especially during this time of turmoil and chaos. Depression is something that many are facing right now and she was able to provide insight on how to battle this. Feedback provided by our exit survey showed that many will take the recommendations Bonny made and incorporate them in their daily life."

- **LESLIE LYNCH, PRINCIPAL PROGRAM MANAGER, ADOBE**

"Thank you so much, Bonny for your awesome presentation yesterday! It was a very powerful presentation, and it was very inspirational and thought provoking!"

- **BRENT LADD, PRESIDENT, ENDOSCOPY, STRYKER.
FORTUNE'S 100 BEST PLACES TO WORK FOR**

"Bonny's wellness presentation to our associates was a great success. We were captivated, inspired, and educated. We hope to have her again for next year's Wellness Fair."

- **JULIE FALLON, MARKETING DIRECTOR OF LABOR/WORK
ENVIRONMENT, SPHR, MARRIOTT HOTEL INTERNATIONAL**

MEET BONNY LLYN:

Bonny Llyn is a highly sought after keynote speaker on mental health in the workplace. With an M.A. in Translation and Interpretation, Bonny's accomplishments range from providing critical patient support for over 10,000 cases at the prestigious Stanford Medical Center to being an essential expert for top technology, healthcare, automotive and hospitality industry conferences. She also became a certified Reiki Practitioner and certified wine educator, and holds the Advanced Certificate in Wine and Spirits by the WSET. Bonny Llyn built a very successful career as a Fortune 500 and high security clearance government interpreter. Trusted by household names like Microsoft, Medtronic, Merck and AMG-Mercedes, Bonny's outstanding performance masked a deep, debilitating depression that left her unable to get out of bed for weeks at a time while not on assignment. At the bottom of her despair, Bonny embarked on a powerful journey of self-discovery to reclaim her life.

Bonny has paired her business expertise with a passion for holistic healing, a lifelong study, inspired by her shamanic roots. She now dedicates her life to being the voice for the unspoken epidemic of depression in the workplace. She imparts her knowledge of the connection between neurodiversity and mental health issues, coupled with her own journey of effectively managing her severe depression in her speeches and workshops. Bonny's work is about fostering business cultures that support mental health and success!

Bonny Llyn now travels the country and the world virtually and to in person events helping businesses and corporations develop a mental health friendly workplace to allow for all types of brains and businesses to thrive. Bonny shares her unprecedented creative solutions that break the work/life balance myth, prevent burnouts to help leaders and teams be equipped with secret weapons of resiliency, happiness, and achievement.

In a nutshell, Bonny Llyn Delivers!

**BOOKING
INFORMATION**



www.BonnyLlyn.com



YES@BonnyLlyn.com



415-710-4524